

TRAIL DE OUREM

Clasificación General

Conjunta

TRAIL CURTO

12,00 Km.

Pos.	Dor.	Nombre	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
1	1553	Nuno Miguel Ferreira Gonçalves	SRJardoeira/RUNCROSSTR	SNMC	1	55:42.13	04:39	
2	1135	António Silvino, O	A.C.S.M. - Atlético Clube S.	V50MC	1	55:44.45	04:39	0:00:02
3	1284	Joao Narciso Gonçalves, O	VIMARUNNERS	SNMC	2	56:11.74	04:41	0:00:30
4	1512	Bruno Filipe Dinis Da Silva, O	SRJardoeira/RUNCROSSTR	SNMC	3	56:58.55	04:45	0:01:17
5	1134	Charles Custódio, O	A.C.S.M. - Atlético Clube S.	SNMC	4	58:38.39	04:53	0:02:56
6	1164	Samuel Francisco De Oliveira R	SR Jardoeira/Runcrosstrail.cc	SNMC	5	59:04.92	04:55	0:03:23
7	1139	Carlos Teixeira, O	Os Matrecos	SNMC	6	59:12.20	04:56	0:03:30
8	1193	Helder Fernandes Pereira, O	Clube de Atletismo de Ferrei	SNMC	7	59:28.82	04:57	0:03:47
9	1562	Rui Manuel Duarte Prazeres, O	SRJardoeira/RUNCROSSTR	SNMC	8	59:57.10	05:00	0:04:15
10	1132	Ivo Tomé Zibaia Inácio, O	-	SNMC	9	1:00:07.55	05:01	0:04:26
11	1458	Pedro Miguel Venâncio Rodrigu	Clube Desportivo em Movim	SNMC	10	1:00:23.17	05:02	0:04:41
12	1509	Daniel Baptista, O	SRJardoeira/RUNCROSSTR	SNMC	11	1:01:07.71	05:06	0:05:26
13	1452	Rodrigo Rosa, O	A.D.R.Águas Belas	SNMC	12	1:02:48.96	05:14	0:07:07
14	1358	Luis Nobre, O	-	SNMC	13	1:04:02.35	05:20	0:08:20
15	1368	Enio Lacerda, O	Lacerfer Runners	SNMC	14	1:05:22.70	05:27	0:09:41
16	1367	Hugo Horta, O	Leiria Marcha Atlético	SNMC	15	1:05:45.77	05:29	0:10:04
17	1357	Hugo Freitas, O	individual	SNMC	16	1:06:41.39	05:33	0:10:59
18	1443	Rui Simões, O	CLAC Entroncamento	V40MC	1	1:07:04.22	05:35	0:11:22
19	1162	Rogério Paulo Gomes Rodrigues	Individual	SNMC	17	1:07:14.71	05:36	0:11:33
20	1453	Carlos Duro, O	A.D.R.Águas Belas	V50MC	2	1:07:17.06	05:36	0:11:35
21	1521	Diogo Alexandre Santos Duarte,	SRJardoeira/RUNCROSSTR	SNMC	18	1:07:32.55	05:38	0:11:51
22	1147	Anabela Remédios, A	ATLÉTICO CLUBE SÃO M	V40FC	1	1:07:49.19	05:39	0:12:07
23	1192	Sérgio Alcobia, O	-	V40MC	2	1:08:25.42	05:42	0:12:43
24	1470	Carla Cristina Leite, A	Clube SEM	V40FC	2	1:08:53.26	05:44	0:13:11
25	1437	Marco Miguel, O	Clube de Atletismo de Ferrei	SNMC	19	1:09:00.84	05:45	0:13:19
26	1361	Joaquim Duarte, O	-	SNMC	20	1:09:14.06	05:46	0:13:32
27	1442	Cláudio, O	-	SNMC	21	1:09:21.04	05:47	0:13:39
28	1520	Denise Alexandra Carreira Perei	SRJardoeira/RUNCROSSTR	SNFC	1	1:09:23.67	05:47	0:13:42
29	1277	Jorge Mauricio, O	União FCI de Tomar	V40MC	3	1:09:29.24	05:47	0:13:47
30	1525	Filipa Casimiro Agostinho, A	Clube SEM	SNFC	2	1:09:37.39	05:48	0:13:55
31	1459	Filipe Carvalheiro, O	-	V50MC	3	1:09:40.79	05:48	0:13:59
32	1297	Catia Gonçalves, A	TEAM BURPEE	SNFC	3	1:10:47.58	05:54	0:15:06
33	1235	Luis Lobo, O	All-Titudes Trail Team	V40MC	4	1:12:00.30	06:00	0:16:18
34	1502	Aires Miguel Gomes Pereira, O	Laranjinhas do Pafarrão	SNMC	22	1:12:05.22	06:00	0:16:23
35	1311	Marco André Gonçalves Violant	Laranjinhas do Pafarrão	SNMC	23	1:12:15.87	06:01	0:16:34
36	1222	Rafael Santos Violante, O	Laranjinhas do Pafarrão	SNMC	24	1:12:17.19	06:01	0:16:35
37	1436	Fernando Madeira, O	Individual	V50MC	4	1:12:19.12	06:02	0:16:37
38	1439	Fernando Miguel Ferrira, O	-	SNMC	25	1:12:52.38	06:04	0:17:10
39	1148	André Fernandes, O	Team Elisio Rolo	V40MC	5	1:13:15.62	06:06	0:17:34
40	1395	Henrique Narcizo, O	C.A.S.P.A. - Clube Amador	V50MC	5	1:15:04.98	06:15	0:19:23
41	1169	André Gonçalves Pereira, O	Turtles Runners Fátima	SNMC	26	1:15:21.95	06:17	0:19:40
42	1161	Vitor Dias Pereira, O	União FCI de Tomar	V40MC	6	1:15:54.98	06:20	0:20:13
43	1516	Claudia Margarida Oliveira Torr	SRJardoeira/RUNCROSSTR	SNFC	4	1:15:59.52	06:20	0:20:18
44	1456	Fidel Conde, O	individual	SNMC	27	1:16:56.65	06:25	0:21:15
45	1268	Jacinto D O Rodrigues, O	Gazelas Running Figueira	SNMC	28	1:17:44.43	06:29	0:22:02
46	1267	Michael Figueiredo Monteiro, O	Gazelas Running Figueira	SNMC	29	1:17:44.43	06:29	0:22:02

Clasificación General

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TRAIL CURTO

12,00 Km.

Pos.	Dor.	Nombre	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
47	1398	Pedro Tiago Lopes, O	Rxrunners	SNMC	30	1:18:04.48	06:30	0:22:22
48	1210	Sérgio Mendes, O	-	V40MC	7	1:18:14.29	06:31	0:22:32
49	1422	Danny Ferreira, O	Vila Fit	SNMC	31	1:18:18.63	06:32	0:22:37
50	1234	Angelo Lobo, O	All-Titudes Trail Team	SNMC	32	1:18:29.01	06:32	0:22:47
51	1390	Pedro Daniel Calvario, O	-	V40MC	8	1:18:35.97	06:33	0:22:54
52	1204	Ricardo, O	Ricardo Vitorino Osteopata	SNMC	33	1:18:36.08	06:33	0:22:54
53	1191	José Miguel Sousa Seguro, O	-	SNMC	34	1:18:40.55	06:33	0:22:59
54	1362	Nuno Duarte Jorge, O	-	SNMC	35	1:19:03.77	06:35	0:23:22
55	1328	Francisco Bento, O	Saboreia Chá e Café	SNMC	36	1:19:12.81	06:36	0:23:31
56	1330	Fábio André Tavares Oliveira, O	Brincadeira de Pronação	SNMC	37	1:20:15.01	06:41	0:24:33
57	1305	Carlos Manuel Silva, O	Centro Municipal de Marcha	V50MC	6	1:20:30.40	06:43	0:24:48
58	1242	Paulo César Branco Freitas, O	Superfresco Trail Team	SNMC	38	1:20:44.46	06:44	0:25:02
59	1356	Ana Caçoete, A	GAZELAS RUNNING.FIGU	SNFC	5	1:21:28.64	06:47	0:25:47
60	1241	Daniel Gaspar, O	GAZELAS RUNNING. FIGI	SNMC	39	1:21:28.66	06:47	0:25:47
61	1364	João Reis, O	Mecatrónica	SNMC	40	1:21:29.22	06:47	0:25:47
62	1308	David Miguel Henriques Da Silv	-	SNMC	41	1:22:20.67	06:52	0:26:39
63	1538	Loreno Delgado, O	-	V40MC	9	1:22:33.74	06:53	0:26:52
64	1181	Carla Barbosa, A	Os Matrecos	V40FC	3	1:22:45.92	06:54	0:27:04
65	1450	Miguel Joaquim, O	A.D.R.Águas Belas	SNMC	42	1:23:05.62	06:55	0:27:24
66	1283	Ana Sereno, A	VIMARUNNERS	SNFC	6	1:23:29.39	06:57	0:27:47
67	1410	Bruno Silva, O	Amigos do descanso	SNMC	43	1:24:27.02	07:02	0:28:45
68	1409	Gonçalo Miguel Raminhos, O	Mecatrónica	SNMC	44	1:24:27.25	07:02	0:28:45
69	1179	Bruno José Almeida Pereira, O	-	V40MC	10	1:24:48.03	07:04	0:29:06
70	1212	Henrique Manuel Gonçalves Ma	Laranjinhas do Pafarrão	SNMC	45	1:24:57.45	07:05	0:29:15
71	1501	Aires Gomes, O	NDAP	V40MC	11	1:25:02.75	07:05	0:29:21
72	1266	Horacio Alexandre, O	individual	V50MC	7	1:25:11.14	07:06	0:29:29
73	1460	Ana Fortes, A	-	SNFC	7	1:25:27.11	07:07	0:29:45
74	1548	Micael Mendes Martins, O	ABC Caxarias	SNMC	46	1:26:05.23	07:10	0:30:23
75	1558	Ricardo Jorge Oliveira Dias, O	ABC Caxarias	SNMC	47	1:26:05.54	07:10	0:30:24
76	1513	Carlos Manuel Gomes Alves, O	Team Burpee	V50MC	8	1:26:16.36	07:11	0:30:34
77	1225	Paulo Sérgio Dos Santos Rocha	-	SNMC	48	1:26:35.32	07:13	0:30:53
78	1511	António Pereira, O	Mulas da Cooperativa	SNMC	49	1:26:56.93	07:15	0:31:15
79	1278	Ana Luísa Ribeiro, A	União FCI de Tomar	SNFC	8	1:26:57.18	07:15	0:31:15
80	1441	Bruno Soares, O	Laranjinhas do Pafarrão	SNMC	50	1:27:11.00	07:16	0:31:29
81	1261	António Mendes De Oliveira, O	Larajinhas do Pafarrao	V40MC	12	1:27:11.46	07:16	0:31:29
82	1190	Pedro Violante, O	Laranjinhas do Pafarrão	SNMC	51	1:27:13.44	07:16	0:31:31
83	1224	João Assis Pereira, O	Seiça Running Team	V50MC	9	1:28:20.06	07:22	0:32:38
84	1127	Joao Jacinto, O	-	V50MC	10	1:28:20.21	07:22	0:32:38
85	1105	António Ferreira, O	-	V40MC	13	1:28:56.82	07:25	0:33:15
86	1465	Nuno Miguel Marques Gonçalve	Vila Fit	SNMC	52	1:28:57.92	07:25	0:33:16
87	1510	António Patrício, O	-	V50MC	11	1:29:33.19	07:28	0:33:51
88	1536	Leandro Monteiro, O	-	SNMC	53	1:29:38.94	07:28	0:33:57
89	1243	Sérgio Manuel Bento Lopes, O	SUPERFRESCO TRAIL TE.	SNMC	54	1:30:01.64	07:30	0:34:20
90	1240	Luís Marques, O	GAZELAS RUNNING. FIGI	V50MC	12	1:30:09.47	07:31	0:34:27
91	1159	Maria João Regalo, A	DerreteBanha	V40FC	4	1:30:09.58	07:31	0:34:28
92	1476	Antonio Freitas Neves, O	individual	V50MC	13	1:30:13.89	07:31	0:34:32
93	1551	Diogo Santos, O	-	SNMC	55	1:30:37.69	07:33	0:34:56
94	1400	Adérito Reis, O	ACR Espinheirense	V40MC	14	1:30:40.65	07:33	0:34:59
95	1291	Andreia Graça, A	-	SNFC	9	1:30:46.32	07:34	0:35:04
96	1140	Joana Almeida, A	Os Matrecos	SNFC	10	1:30:58.43	07:35	0:35:16
97	1205	Gonçalo Morgado Assunção, O	-	SNMC	56	1:31:07.48	07:36	0:35:25
98	1112	Vasco Brito, O	C.A.S.P.A. - Clube Amador	SNMC	57	1:31:15.24	07:36	0:35:33
99	1466	Marco Aurélio Rocha Pereira, O	Vila Fit	SNMC	58	1:31:17.97	07:36	0:35:36
100	1506	Alexandre Miguel Santos Antun	ABC Caxarias	SNMC	59	1:31:19.64	07:37	0:35:38
101	1102	Nuno Fernando Trindade Ferreir	CS DESIGN TEAM	SNMC	60	1:32:04.47	07:40	0:36:22
102	1177	Aurelio Gomes, O	-	V50MC	14	1:32:04.49	07:40	0:36:22
103	1401	Miguel Mota, O	ACR Espinheirense	V40MC	15	1:32:16.03	07:41	0:36:34
104	1153	Gonçalo André Laranjeiro De Sc	-	SNMC	61	1:33:13.94	07:46	0:37:32

Classificação Geral

Conjunta

TRAIL CURTO

12,00 Km.

Pos.	Dor.	Nome	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
105	1404	Ana Margarida Duarte Santos, A	Trilhos do Valado	V40FC	5	1:33:15.64	07:46	0:37:34
106	1217	Diogo Soares, O	-	V40MC	16	1:33:52.63	07:49	0:38:11
107	1392	Paula Andrade, A	TEAM BURPEE	V40FC	6	1:34:02.18	07:50	0:38:20
108	1321	Tatiana Pereira, A	-	SNFC	11	1:34:02.94	07:50	0:38:21
109	1170	Marco Ruivo, O	Amigos do descanso	SNMC	62	1:34:04.08	07:50	0:38:22
110	1457	Maria Luisa, A	individual	V40FC	7	1:34:25.07	07:52	0:38:43
111	1180	Nuno Roupeta Silva, O	-	V40MC	17	1:34:47.13	07:54	0:39:05
112	1257	Teresa Ribeiro, A	NASA RUN	V40FC	8	1:34:48.49	07:54	0:39:06
113	1117	Tiago Silva, O	-	SNMC	63	1:34:56.93	07:55	0:39:15
114	1165	Cindy Portela, A	-	SNFC	12	1:35:12.59	07:56	0:39:31
115	1166	Flô Lopes, A	-	V50FC	1	1:35:18.63	07:57	0:39:37
116	1423	Ana Marta Silva Mendes, A	Vila Fit	SNFC	13	1:35:30.41	07:58	0:39:48
117	1431	Verónica Rodrigues Vieira, A	Vila Fit	SNFC	14	1:35:30.87	07:58	0:39:49
118	1353	Alexandre Costa, O	-	V40MC	18	1:35:34.60	07:58	0:39:53
119	1326	Tiago Silva, O	Saboreia Chá e Café	SNMC	64	1:35:58.57	08:00	0:40:17
120	1451	Zulmira Silva, A	A.D.R.Águas Belas	V40FC	9	1:36:31.17	08:03	0:40:49
121	1103	Paula Neves, A	NASA RUN	V40FC	10	1:36:47.82	08:04	0:41:06
122	1133	Ana Sofia Nunes Colaço Inácio, -	-	SNFC	15	1:37:52.95	08:09	0:42:11
123	1260	Antonio Jose Polido Cebola, O	-	SNMC	65	1:38:02.08	08:10	0:42:20
124	1101	Ana Patrícia Oliveira Da Silva, /	CS DESIGN TEAM	SNFC	16	1:38:05.83	08:10	0:42:24
125	1100	Carlos Silva, O	CSDESIGN	SNMC	66	1:38:07.79	08:11	0:42:26
126	1327	Miguel Messias, O	Saboreia Chá e Café	V40MC	19	1:38:26.18	08:12	0:42:44
127	1121	Maria Raquel Rosa Pratas Batist -	-	V40FC	11	1:38:31.58	08:13	0:42:50
128	1141	Fernando Pimenta, O	Os Matrecos	V50MC	15	1:38:32.10	08:13	0:42:50
129	1248	Paulo Lousada, O	-	V50MC	16	1:38:37.18	08:13	0:42:55
130	1249	Gonçalo Lousada, O	-	SNMC	67	1:38:37.90	08:13	0:42:56
131	1146	Manuel Machado, O	Os Matrecos	V50MC	17	1:38:42.18	08:14	0:43:00
132	1315	Isabel Eusébio, A	-	V40FC	12	1:38:45.90	08:14	0:43:04
133	1172	Júlia Vaz, A	Figueira Kayak Clube	SNFC	17	1:38:46.12	08:14	0:43:04
134	1391	Dominique Cardoso, A	ForasteirosTeam	V40FC	13	1:38:51.00	08:14	0:43:09
135	1360	Vera Nunes, A	ForasteirosTeam	SNFC	18	1:38:51.50	08:14	0:43:10
136	1309	Marco Rocha, O	Brincadeira de Pronação	SNMC	68	1:39:00.44	08:15	0:43:18
137	1345	Ricardo Pinto, O	Brincadeira de Pronação	SNMC	69	1:39:00.53	08:15	0:43:19
138	1246	Antonio Carlos Verdasca Dos Sa	Seiça Running Team	V40MC	20	1:39:12.52	08:16	0:43:31
139	1399	Miguel Marques, O	ACR Espinheirense	V40MC	21	1:39:12.66	08:16	0:43:31
140	1168	Maria José Silva, A	C.A.S.P.A. - Clube Amador /	V50FC	2	1:39:22.18	08:17	0:43:40
141	1244	Rui Dias, O	Superfresco Trail Team	V40MC	22	1:39:26.10	08:17	0:43:44
142	1256	Ana Baldeante, A	Não Fazemos nem mais um...	SNFC	19	1:39:37.53	08:18	0:43:56
143	1411	Sandra Frazão, A	Fátima a Mexer	V40FC	14	1:40:16.06	08:21	0:44:34
144	1325	Paulo Almeida, O	Saboreia Chá e Café	SNMC	70	1:40:16.79	08:21	0:44:35
145	1142	Carlos Sampaio, O	-	V50MC	18	1:40:31.86	08:23	0:44:50
146	1264	Maria João António, A	-	SNFC	20	1:40:33.61	08:23	0:44:52
147	1387	Pedro Nuno Fazenda Reis Pereir -	-	SNMC	71	1:40:35.40	08:23	0:44:53
148	1282	Nuno Santos, O	-	V40MC	23	1:40:35.72	08:23	0:44:54
149	1207	Tiago Moita Oliveira, O	Os Galgos de Tancos	SNMC	72	1:40:40.07	08:23	0:44:58
150	1208	Juliana Pascoal Jorge, A	Os Galgos de Tancos	SNFC	21	1:40:40.10	08:23	0:44:58
151	1430	Carina Raimundo, A	Vila Fit	SNFC	22	1:41:05.72	08:25	0:45:24
152	1425	Carla Tonelo, A	Vila fit	SNFC	23	1:41:05.79	08:25	0:45:24
153	1427	Duarte Fonseca, O	Vila Fit	V40MC	24	1:41:05.96	08:25	0:45:24
154	1433	Mário Joaquim Silva Evora Felic	Vila FIT	V40MC	25	1:41:06.00	08:26	0:45:24
155	1128	Antonio Carapuça, O	-	V50MC	19	1:41:16.60	08:26	0:45:35
156	1115	Catarina Castelão, A	Clube de Orientação do Centu	SNFC	24	1:41:29.16	08:27	0:45:47
157	1116	Soraia Silva, A	-	SNFC	25	1:41:33.67	08:28	0:45:52
158	1491	Catarina Santos, A	UCPC Team	SNFC	26	1:42:15.53	08:31	0:46:34
159	1286	Catarina Henriqueta Almeida Da	Centro de Marcha de Corrida	SNFC	27	1:43:01.17	08:35	0:47:19
160	1296	Gonçalo André Da Silva Mendes	Centro de Municipal de Marc	SNMC	73	1:43:01.75	08:35	0:47:20
161	1348	Marisa Duarte, A	-	SNFC	28	1:43:12.03	08:36	0:47:30
162	1310	Mário Martins, O	-	V40MC	26	1:43:12.25	08:36	0:47:30

Clasificación General

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TRAIL CURTO

12,00 Km.

Pos.	Dor.	Nombre	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
163	1546	Maria Joao Santos, A	-	SNFC	29	1:43:35.66	08:38	0:47:54
164	1176	Ricardo Pires, O	NEL Pédatleta	SNMC	74	1:43:38.56	08:38	0:47:57
165	1184	Anabela Lourenço, A	-	SNFC	30	1:43:38.57	08:38	0:47:57
166	1500	Adélia Ferreira, A	-	V40FC	15	1:43:46.44	08:39	0:48:04
167	1445	Susana Fialho, A	-	V40FC	16	1:44:36.37	08:43	0:48:54
168	1448	Rita Joaquim, A	-	SNFC	31	1:44:36.78	08:43	0:48:55
169	1444	Nuno Lourenço, O	-	SNMC	75	1:44:38.09	08:43	0:48:56
170	1446	Inês Figueiredo, A	-	SNFC	32	1:44:39.61	08:43	0:48:58
171	1393	Orlando Simões, O	-	V50MC	20	1:45:49.75	08:49	0:50:08
172	1549	Monica Cadima, A	-	SNFC	33	1:45:50.29	08:49	0:50:08
173	1122	Fernanda Rosa Moura Pratas An	-	V50FC	3	1:46:13.38	08:51	0:50:31
174	1272	Andreia Ferreira, A	-	SNFC	34	1:46:49.89	08:54	0:51:08
175	1271	Sergio Ferreira, O	-	V40MC	27	1:46:50.74	08:54	0:51:09
176	1167	Maria José Machado, A	C.A.S.P.A. - Clube Amador	V50FC	4	1:46:52.68	08:54	0:51:11
177	1285	Rita Domingos, A	-	V40FC	17	1:47:20.87	08:57	0:51:39
178	1156	Daniel Inácio, O	-	SNMC	76	1:47:33.17	08:58	0:51:51
179	1287	Ana Lucia Joaquim Milheiro, A	Centro de Marcha de Corrida	SNFC	35	1:47:49.47	08:59	0:52:07
180	1434	Clélia Conceição, A	Centro Municipal de Marcha	V40FC	18	1:48:10.91	09:01	0:52:29
181	1347	Manuela Maria Duarte Martins	Centro Municipal de Marcha	V60FC	1	1:48:33.49	09:03	0:52:51
182	1126	Cristina Cruz Martins, A	-	V40FC	19	1:48:59.50	09:05	0:53:18
183	1570	Vitor Manuel Dias Sarmento, O	-	V40MC	28	1:49:00.71	09:05	0:53:19
184	1273	Afonso Brás, O	-	SNMC	77	1:50:37.65	09:13	0:54:56
185	1158	Paula Cristina Silva, A	DerreteBanha	V50FC	5	1:50:47.40	09:14	0:55:05
186	1157	Antonio Paulo Ferreira, O	DerreteBanha	V40MC	29	1:50:47.86	09:14	0:55:06
187	1424	Pedro Lopes, O	Vila Fit	SNMC	78	1:51:19.53	09:17	0:55:38
188	1428	Nuno Filipe Cordeiro Abreu, O	Vila Fit	V40MC	30	1:51:19.62	09:17	0:55:38
189	1113	Carla Sofia Martins, A	Amigos do descanso	V40FC	20	1:51:23.23	09:17	0:55:41
190	1438	Ana Paula Da Silva Mateus, A	-	SNFC	36	1:51:23.45	09:17	0:55:41
191	1114	Pedro António Bernardino Marti	Amigos do descanso	V40MC	31	1:51:24.38	09:17	0:55:42
192	1276	Nuno Russo, O	-	V40MC	32	1:51:43.97	09:19	0:56:02
193	1279	Vitor Marto, O	União FCI de Tomar	V50MC	21	1:53:10.38	09:26	0:57:28
194	1455	Ana Alexandre, A	-	SNFC	37	1:54:03.50	09:30	0:58:22
195	1432	Isabel Dinis, A	Vila Fit	V40FC	21	1:55:10.80	09:36	0:59:29
196	1107	Mario Rui Campos Delgado, O	Amigos do descanso	SNMC	79	1:55:39.15	09:38	0:59:57
197	1209	Cristina Meireles, A	Umelga	V50FC	6	1:55:40.12	09:38	0:59:58
198	1418	Célia Cabral, A	Fátima a Mexer	V40FC	22	1:55:43.23	09:39	1:00:01
199	1129	Rui Seguro, O	Superfresco Trail Team	SNMC	80	1:56:44.10	09:44	1:01:02
200	1385	Joana Fernandes, A	Caracoletas	SNFC	38	1:56:47.56	09:44	1:01:06
201	1413	Luísa Pouseiro, A	Fátima a Mexer	V50FC	7	1:57:33.27	09:48	1:01:51
202	1389	Silvia De Jesus Martins António	Os Marreco	SNFC	39	1:57:46.59	09:49	1:02:05
203	1388	Rui Pedro Serra Antunes Freire,	Os Marreco	SNMC	81	1:57:46.79	09:49	1:02:05
204	1145	Ana Cristina Pauleta Morais, A	Clube de Orientação e Aventu	V40FC	23	1:57:48.17	09:49	1:02:06
205	1555	Paulo Alexandre Dias Vieira, O	-	V40MC	33	1:57:52.01	09:49	1:02:10
206	1523	Elisabete Lopes Domingues, A	-	V40FC	24	1:57:53.80	09:49	1:02:12
207	1344	Cristina Onofre, A	-	SNFC	40	1:58:29.45	09:52	1:02:47
208	1149	João Cotovio, O	Os Matreco	V50MC	22	1:58:30.38	09:53	1:02:48
209	1136	Liliana Agostinho, A	-	SNFC	41	1:58:53.90	09:54	1:03:12
210	1568	Sofia Basso, A	-	SNFC	42	1:59:06.49	09:56	1:03:24
211	1150	Alexandra Bento, A	-	SNFC	43	1:59:08.16	09:56	1:03:26
212	1151	Mario Ferreira, O	-	SNMC	82	1:59:08.71	09:56	1:03:27
213	1350	Silvio Castanheiro, O	Caminhar com Amizade	V40MC	34	1:59:26.55	09:57	1:03:45
214	1396	José Coelho, O	Caminhar com Amizade	V50MC	23	1:59:26.56	09:57	1:03:45
215	1306	Dina Alexandre, O	Caminhar com Amizade	V40MC	35	1:59:27.26	09:57	1:03:45
216	1454	Patrícia Filipe, A	-	SNFC	44	2:00:13.22	10:01	1:04:31
217	1171	Ana Neto, A	-	SNFC	45	2:00:40.87	10:03	1:04:59
218	1415	Sónia Reis, A	Fátima a Mexer	SNFC	46	2:01:05.61	10:05	1:05:24
219	1250	João André Oliveira Alfaia, O	-	SNMC	83	2:01:05.90	10:05	1:05:24
220	1239	Ana Custodio, A	Clube Desportivo Moitense	SNFC	47	2:01:47.03	10:09	1:06:05

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Pos.	Dor.	Nombre	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
221	1384	Gina Oliveira, A	-	V50FC	8	2:02:05.94	10:10	1:06:24
222	1386	Tânia Louro, A	-	SNFC	48	2:04:34.75	10:23	1:08:53
223	1349	Maria João Farinha, A	Caracol Trail Team	V50FC	9	2:04:38.02	10:23	1:08:56
224	1303	Angela Cristina Silva, A	Centro Municipal de Marcha	V50FC	10	2:04:38.26	10:23	1:08:56
225	1447	Luis Joaquim, O	-	V40MC	36	2:04:58.30	10:25	1:09:16
226	1258	Maria Campos, A	Os Matrecos	V50FC	11	2:05:55.64	10:30	1:10:14
227	1289	Lidia Aquino, A	-	V40FC	25	2:05:58.06	10:30	1:10:16
228	1464	Natalia Inacio, A	-	SNFC	49	2:05:58.44	10:30	1:10:16
229	1143	Alexandre Kortés, O	-	V40MC	37	2:06:43.10	10:34	1:11:01
230	1414	Ana Machado, A	Fátima a Mexer	V40FC	26	2:07:26.24	10:37	1:11:44
231	1412	Paula Marto, A	Fátima a Mexer	SNFC	50	2:07:26.52	10:37	1:11:45
232	1196	Graciosa Maria Louro Dos Santos	-	V40FC	27	2:10:16.48	10:51	1:14:34
233	1197	Mario Luis Quaresma Alves, O	-	V40MC	38	2:10:17.65	10:51	1:14:36
234	1338	Mónica Frazão, A	UCPC Team	V40FC	28	2:10:18.61	10:52	1:14:37
235	1202	Rute Casimiro, A	-	SNFC	51	2:10:18.96	10:52	1:14:37
236	1130	Luis Simão, O	DerreteBanha	SNMC	84	2:11:32.18	10:58	1:15:50
237	1131	Angela Mestre, A	DerreteBanha	V40FC	29	2:11:32.94	10:58	1:15:51
238	1187	Carlos Pires, O	-	V50MC	24	2:12:18.05	11:02	1:16:36
239	1365	José Carlos, O	"Clube de Atletismo ""Os Pe"	V60MC	1	2:14:22.55	11:12	1:18:41
240	1366	José Luciano, O	"Clube de Atletismo ""Os Pe"	V50MC	25	2:14:38.19	11:13	1:18:56
241	1337	Daniela Paulo, A	UCPC Team	SNFC	52	2:14:43.74	11:14	1:19:02
242	1335	Sandra Castanheira, A	UCPC Team	V40FC	30	2:14:44.35	11:14	1:19:02
243	1372	Nair Rafaela Lopes Nunes Godin	BO Fun Team	SNFC	53	2:15:22.56	11:17	1:19:41
244	1370	Carla Cristina Martins Silva, A	BO Fun Team	V40FC	31	2:15:23.68	11:17	1:19:42
245	1378	Helia Sofia De Jesus Vieira Rodrigues	BO Fun Team	SNFC	54	2:15:24.08	11:17	1:19:42
246	1463	Luis Miguel Rodrigues Pedro, O	BO Fun Team	V40MC	39	2:15:30.90	11:18	1:19:49
247	1163	Sandra Macedo Alves Pimenta, A	-	V40FC	32	2:16:19.18	11:22	1:20:37
248	1183	Mariano João Alves Pimenta, O	-	V60MC	2	2:16:21.01	11:22	1:20:39
249	1552	Nélia Mendes, A	NEL Pédatleta	SNFC	55	2:17:16.95	11:26	1:21:35
250	1554	Nelson Santos, O	-	SNMC	85	2:17:18.90	11:27	1:21:37
251	1461	Vera Mónica Gonçalves Faria, A	-	SNFC	56	2:18:10.63	11:31	1:22:29
252	1462	José Joaquim De Oliveira Pereira	-	V60MC	3	2:18:10.76	11:31	1:22:29
253	1429	Andreia Lopes, A	Vila Fit	SNFC	57	2:18:33.33	11:33	1:22:51
254	1426	João Henriques, O	Vila Fit	SNMC	86	2:18:33.35	11:33	1:22:51
255	1440	Susana Silva, A	-	SNFC	58	2:18:46.32	11:34	1:23:04
256	1329	Tânia Silva, A	Saboreia Chá e Café	SNFC	59	2:18:46.78	11:34	1:23:05
257	1467	Gonçalo Antunes, O	-	SNMC	87	2:19:49.64	11:39	1:24:08
258	1468	Marina Sousa, A	-	SNFC	60	2:19:49.73	11:39	1:24:08
259	1274	Rita Mateus, A	-	SNFC	61	2:20:05.92	11:40	1:24:24
260	1251	Paula Susana De Oliveira Alfaia	-	SNFC	62	2:22:54.58	11:55	1:27:13
261	1354	Vanda Raquel Santos Neves, A	Caracoletas	SNFC	63	2:23:03.05	11:55	1:27:21
262	1381	Sara Alexandra Severino E Castro	-	SNFC	64	2:27:01.37	12:15	1:31:19
263	1380	Filipe Miguel Jorge Branco, O	-	SNMC	88	2:27:01.62	12:15	1:31:20
264	1547	Maria Leandro, A	Sapatilhas & Petiscos	SNFC	65	2:28:14.77	12:21	1:32:33
265	1515	Claudia Lopes, A	Pace.Makers	SNFC	66	2:28:21.00	12:22	1:32:39
266	1263	Teresa Sabido, A	Tólitói	V40FC	33	2:28:50.80	12:24	1:33:09
267	1317	Aldina Carraco, A	-	SNFC	67	2:29:35.59	12:28	1:33:54
268	1572	Micaela Mendes, A	-	SNFC	68	2:29:35.77	12:28	1:33:54
269	1230	Andreia Mendes, A	-	SNFC	69	2:29:37.48	12:28	1:33:55
270	1419	Gabriela Carraco, A	individual	SNFC	70	2:29:37.57	12:28	1:33:56
271	1228	Ana Faustino, A	VILA FRIA JG SEGUROS	V50FC	12	2:30:13.65	12:31	1:34:32
272	1293	Carla Palmeiro, A	-	V40FC	34	2:30:14.01	12:31	1:34:32
273	1294	Meg Garcia, A	-	V40FC	35	2:30:14.22	12:31	1:34:32
274	1550	Susana Rodrigues, A	Just Girls	SNFC	71	2:30:26.97	12:32	1:34:45
275	1216	José Henrique Vieira Silva, O	-	V40MC	40	2:31:55.39	12:40	1:36:13
276	1215	Carla Ferreira, A	-	V40FC	36	2:31:56.48	12:40	1:36:14
277	1320	Silvia Marques, A	GC Komdor . Entroncamento	SNFC	72	2:33:46.46	12:49	1:38:04
278	1269	Lidia Maria De Sousa Henriques	"GC ""KomDor"" - Entronca	V50FC	13	2:33:52.12	12:49	1:38:10

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12,00 Km.

Pos.	Dor.	Nombre	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
279	1270	Francisco José Gonçalves Gavan	"GC ""KomDor"" - Entronca	V50MC	26	2:33:52.22	12:49	1:38:10
280	1154	Catarina Lopes Vieira, A	-	SNFC	73	2:34:26.27	12:52	1:38:44
281	1218	Sónia Manuela Soares Pimentel	GazelasRunningFigueira	SNFC	74	2:34:30.44	12:53	1:38:48
282	1355	Rute Bastos, A	GAZELAS RUNNING.FIGU	SNFC	75	2:34:32.26	12:53	1:38:50
283	1374	Rosa Maria Duarte Baptista, A	BO Fun Team	V50FC	14	2:37:05.06	13:05	1:41:23
284	1369	Liliana Batista Ferreira, A	BO Fun Team	SNFC	76	2:37:05.07	13:05	1:41:23
285	1203	Cristina Marques, A	-	SNFC	77	2:37:08.14	13:06	1:41:26
286	1556	Pedro Anjos, O	-	SNMC	89	2:37:11.24	13:06	1:41:29
287	1109	Marta Isabel Da Silva Ferreira, A	-	SNFC	78	2:45:27.85	13:47	1:49:46
288	1200	Ana Mafalda Moreira, O	UDRZona Alta-Torres Novas	SNMC	90	2:45:28.69	13:47	1:49:47
289	1474	Ana Pereira, A	Papa Asfalto	SNFC	79	2:45:42.42	13:49	1:50:00
290	1363	Helena Pereira, A	Nel-Péd atleta	V50FC	15	2:46:34.56	13:53	1:50:53
291	1221	Lara Raimundo Da Fonseca, A	-	SNFC	80	2:46:35.24	13:53	1:50:53
292	1194	Sandra Maria Ferreira Lopes, A	-	SNFC	81	2:46:36.30	13:53	1:50:54
293	1469	Ondina Coelho Henriques, A	NEL - Pédatleta	V40FC	37	2:47:40.66	13:58	1:51:59
294	1324	Carla Saturnino, A	-	SNFC	82	2:52:37.78	14:23	1:56:56
295	1220	Ana Rita Campos Fernandes, A	-	SNFC	83	2:52:38.39	14:23	1:56:56
296	1322	Ana Rafael, A	-	V40FC	38	2:52:38.53	14:23	1:56:57
297	1123	Jorge Manuel Justino Dos Santo	Individual	V40MC	41	2:52:40.47	14:23	1:56:58
298	1323	Ana Cristina Ferreira, A	-	V40FC	39	2:52:42.72	14:24	1:57:01
299	1449	Paulina Oliveira, A	CSO - Ai onde eu me meti!	V40FC	40	2:57:16.65	14:46	2:01:35
300	1479	Lourdes León, A	CSO - ai onde eu me meti!	SNFC	84	2:57:17.07	14:46	2:01:35
301	1406	Sílvia Barata Ferreira, A	CSO - Ai onde eu me meti!	SNFC	85	2:57:17.37	14:46	2:01:35
302	1175	Rodrigo Baptista, O	BaptistasRun	SNMC	91	2:57:28.97	14:47	2:01:47
303	1174	Ema Baptista, A	BaptistasRun	V40FC	41	2:57:31.55	14:48	2:01:50
304	1561	Rosário Patrício, A	-	V40FC	42	2:58:44.99	14:54	2:03:03
305	1259	Carolina Vitorino, A	GC Barquinhense	SNFC	86	2:58:45.53	14:54	2:03:04
306	1312	Susana Jorge, A	-	V40FC	43	2:59:56.27	15:00	2:04:14
307	1313	Elsa Jorge, A	-	SNFC	87	2:59:56.44	15:00	2:04:14
308	1316	Gabriel Marques, O	-	SNMC	92	2:59:58.84	15:00	2:04:17
309	1314	Jorge Simão, O	-	V40MC	42	3:00:02.46	15:00	2:04:20
310	1473	Laurinda Nascimento Dos Santo	-	V40FC	44	3:01:50.31	15:09	2:06:08
311	1104	Elsa Duarte, A	TAU RUNNERS	V50FC	16	3:01:53.22	15:09	2:06:11
312	1189	Ana Paula Silva, A	-	V50FC	17	3:02:22.66	15:12	2:06:41
313	1188	Helena Pinto, A	-	V40FC	45	3:02:26.29	15:12	2:06:44
314	1238	Helena Marta Afonso, A	Ultra Super	SNFC	88	3:02:56.39	15:15	2:07:14
315	1237	Ana Afonso, A	Ultra Super	SNFC	89	3:03:08.77	15:16	2:07:27
316	1236	Margarida Afonso, A	Ultra Super	V40FC	46	3:03:09.92	15:16	2:07:28
317	1290	Ana Carolina De Sousa Mendes,	Falésia do Amor	SNFC	90	3:08:37.01	15:43	2:12:55
318	1292	Olga Cabral Freitas, A	Falésia do Amor	SNFC	91	3:08:38.31	15:43	2:12:56
319	1421	António Pires De Oliveira, O	-	V50MC	27	3:08:59.05	15:45	2:13:17
320	1420	Manuel Marques Do Nascimento	KomDor	V50MC	28	3:08:59.76	15:45	2:13:18
321	1352	Isabel Neto, O	Caminhar com Amizade	V60MC	4	3:09:03.13	15:45	2:13:21
322	1351	Manuel Neto, O	Caminhar com Amizade	V60MC	5	3:09:05.51	15:45	2:13:24
323	1307	Fernando Batista, O	Caminhar com Amizade	V40MC	43	3:09:11.87	15:46	2:13:30
324	1223	Mário Manuel Simões De Olivei	KomDor	V50MC	29	3:09:12.89	15:46	2:13:31
325	1253	André Costa, O	-	SNMC	93	3:10:07.11	15:51	2:14:25
326	1118	Patricia Ferreira, A	-	SNFC	92	3:10:07.46	15:51	2:14:25
327	1255	Joana Costa, A	-	SNFC	93	3:10:07.67	15:51	2:14:26
328	1280	Marisa Laranjeiro, A	Ama(dores) Trail Team	SNFC	94	3:10:35.13	15:53	2:14:53
329	1295	Sara Patricia Santos Pereira, A	Ama(dores) Trail Team	SNFC	95	3:10:35.33	15:53	2:14:53
330	1275	Mónica Faria, A	Ama(dores) Trail Team	SNFC	96	3:10:35.66	15:53	2:14:54
331	1569	Sónia Laranjeiro, A	Ama(dores) Trail Team	SNFC	97	3:10:44.28	15:54	2:15:02
332	1229	Manuel Coelho Marques, O	GC Komdor Entroncamento	V60MC	6	3:10:52.36	15:54	2:15:10
333	1543	Maria Costa, A	-	SNFC	98	3:10:56.59	15:55	2:15:15
334	1219	Isabel Cipriano, A	UCPC - Team	V40FC	47	3:10:56.92	15:55	2:15:15
335	1281	Cláudia Silva Gonçalves, A	GC Komdor . Entroncamento	V40FC	48	3:11:04.54	15:55	2:15:23
336	1318	Ana Paula Marques, A	GC Komdor . Entroncamento	V40FC	49	3:11:06.08	15:56	2:15:24

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Pos.	Dor.	Nombre	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
337	1383	Sergio Frazao, O	GC Komdor	V40MC	44	3:11:10.37	15:56	2:15:28
338	1299	Vítor Antunes, O	CG Komdor - Entroncament	V50MC	30	3:11:11.78	15:56	2:15:30
339	1195	Décio A. Silva, O	G. C. Komdor	V60MC	7	3:11:13.81	15:56	2:15:32
340	1301	António Manuel Ferreira, O	CG Komdor - Entroncament	V40MC	45	3:11:16.75	15:56	2:15:35
341	1319	Fernando Marques, O	GC Komdor . Entroncamento	V50MC	31	3:11:19.83	15:57	2:15:38
342	1302	Maria Manuela Antunes, A	CG Komdor - Entroncament	V50FC	18	3:11:20.22	15:57	2:15:38
343	1300	Isabel Fátima Ferreira, A	CG Komdor - Entroncament	V40FC	50	3:11:20.60	15:57	2:15:39
344	1232	Guilhermina Gualdino, A	Lamarosa Caminhada	V50FC	19	3:11:36.01	15:58	2:15:54
345	1233	Maria Manuela Pirralho, A	Lamarosa Caminhada	V50FC	20	3:11:37.71	15:58	2:15:56
346	1231	Jerónimo Gualdino, O	Lamarosa caminhada	V50MC	32	3:11:37.83	15:58	2:15:56
347	1377	Mafalda Sofia Abalada Dias Roc	BO Fun Team	SNFC	99	3:13:18.89	16:07	2:17:37
348	1375	Leonor Dias Rodrigues, A	BO Fun Team	SNFC	100	3:13:19.06	16:07	2:17:37
349	1371	Tânia Pires Luis, A	BO Fun Team	SNFC	101	3:13:21.24	16:07	2:17:39
350	1379	Maria Clara De Ascensão Rovis	BO Fun Team	SNFC	102	3:13:21.67	16:07	2:17:40
351	1376	Luis Filipe Mendes Nunes, O	BO Fun Team	V40MC	46	3:13:38.71	16:08	2:17:57
352	1394	Alexandra Simões, A	-	SNFC	103	3:13:39.31	16:08	2:17:57
353	1373	Paula Sofia Conceição Pires, A	BO Fun Team	V40FC	51	3:13:40.24	16:08	2:17:58
354	1408	Ana Paula Pereira Gama, A	CSO - Ai onde eu me meti!	V50FC	21	3:13:48.21	16:09	2:18:06
355	1407	Maria Fernanda Narciso Cavalhe	CSO - Ai onde eu me meti!	V40FC	52	3:13:48.99	16:09	2:18:07
356	1342	Magda Aniceto, A	UCPC Team	SNFC	104	3:13:52.86	16:09	2:18:11
357	1471	Mariana Perdigão, A	UCPC Team	V50FC	22	3:14:04.96	16:10	2:18:23
358	1382	José Feliciano, O	Ucpc	V50MC	33	3:14:05.26	16:10	2:18:23
359	1472	José Perdigão, O	UCPC Team	V50MC	34	3:14:05.90	16:10	2:18:24
360	1333	Maria Santos, A	UCPC Team	V50FC	23	3:14:05.91	16:10	2:18:24
361	1173	Maria Madalena Santos, A	UCPC - Team	SNFC	105	3:15:40.03	16:18	2:19:58
362	1298	Céline Sousa Dos Reis, A	-	SNFC	106	3:23:23.35	16:57	2:27:41
363	1332	Carla Paiva, A	UCPC Team	V40FC	53	3:23:29.06	16:57	2:27:47
364	1341	Anabela Gonçalves, A	UCPC Team	V40FC	54	3:23:30.04	16:58	2:27:48
365	1334	Marta Lopes, A	UCPC Team	SNFC	107	3:23:30.07	16:58	2:27:48
366	1403	Rafaela Mendes Oliveira, A	-	SNFC	108	3:28:45.71	17:24	2:33:04
367	1402	Catarina Rodrigues Da Silva, A	-	SNFC	109	3:28:46.31	17:24	2:33:04
368	1227	Lidia Rodrigues Silva, A	-	SNFC	110	3:28:47.50	17:24	2:33:06
369	1226	Marisa Rodrigues Silva, A	-	SNFC	111	3:28:50.20	17:24	2:33:08
370	1247	Maria Isabel Marques, A	UCPC Team	V50FC	24	3:29:44.34	17:29	2:34:02
371	1336	Rute Sousa, A	UCPC Team	SNFC	112	3:29:44.97	17:29	2:34:03
372	1343	Sara Santos, A	UCPC Team	SNFC	113	3:29:45.09	17:29	2:34:03
373	1545	Maria Graça Silva Lopes, A	-	V50FC	25	3:31:42.56	17:39	2:36:01
374	1288	Telma Bento, A	-	V40FC	55	3:31:45.35	17:39	2:36:03
375	1567	Sílvia Dos Reis Vieira, A	-	SNFC	114	3:35:32.05	17:58	2:39:50
376	1480	Alexandra Maria Gaspar Faria, /	-	SNFC	115	3:35:33.01	17:58	2:39:51
377	1478	Jenny Gil Sousa, A	-	SNFC	116	3:35:37.22	17:58	2:39:55